

Native Plants & Gardens

To see photos of some of the plants listed below, [click here!](#)

NOTES

- Making a difference is not a few ppl doing it perfectly - It's a gazillion people doing it imperfectly
- Plant some natives in your garden-doesn't HAVE to be 100% native
- Bias against what is common/readily available
- Providing food & water for Pollinators, beneficial insects, birds & microorganisms in the soil
- Providing shelter ie. insect hotels & bug snug
- Bats = insect control
- "Pollinator Pathways"
- Bird & Butterfly houses
- Proper liquid in Hummingbird feeders

ONTARIO'S ECOLOGICAL ZONES (FROM SOUTH TO NORTH)

- Carolinian Region (ours in London, ON.)
- Great Lakes-St.Lawrence Forest Region
- Boreal Forest Region
- Tundra

WATCH OUT FOR THESE

- Dog-strangling vine
- Glossy & Common buckthorn
- Japanese Knotweed
- Giant Hogweed
- Phragmites (grass)
- Honeysuckle
- Autumn Olive
- Norway Maple
- Yellow Iris
- Scots Pine
- White Mulberry
- Purple Loosestrife
- Garlic Mustard
- Periwinkle
- Chameleon Plant
- Ivy
- Goutweed

DEFINITIONS

Native: existed in a given area pre-European settlement
Indigenous: locally adapted natives grown within 80-160kms

Alien/Exotic/Non-Native/Introduced: deliberately or accidentally introduced grown outside of a native range

Naturalized: non-native Plant that was introduced, has spread and now grows without human cultivation (ie. Queen Anne's Lace)

Weed: an unwanted plant in a place it intends to stay

Wildflower: non-woody (herbaceous) Plant, not modified by humans, reproduces true from seed and grows without human assistance *NOTE* not all wildflowers are native

Invasive: "Non-native (or alien) to the ecosystem under consideration; and whose introduction causes or is likely to cause economic or environmental harm or harm to human health."

PLANT SPECIES AT RISK

- Cucumber Tree (endangered)
- Hoary Mountain Mint (endangered)
- Prickly Pear Cactus (endangered)
- Showy Goldenrod (endangered)
- Small White Lady's Slipper (endangered)
- Maidenhair Fern (endangered)
- Spotted Wintergreen (endangered)
- White Prairie Gentian (endangered)
- Wood Poppy (endangered)
- *rediscovered near London, ON!
- American Chestnut (threatened)
- Kentucky Coffee Tree (threatened)
- Western Spiderwort (threatened)
- White Wood Aster (threatened)
- Buffalo Grass (Special Concern)
- Climbing Prairie Rose (Special Concern)
- Coastal Wood Fern (Special Concern)
- Dense Blazing Star (Special Concern)
- False Rue Anemone (Special Concern)
- Hop Tree (Special Concern)
- Swamp Rose Mallow (Special Concern)
- Wild Hyacinth (Special Concern)
- Willow Aster (Special Concern)

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Small White Lady's Slipper (endangered)



Swamp Rose Mallow (Special Concern)

PEOPLE TO FOLLOW/WATCH

- Ben Porchuk
- Lorraine Johnson
- Sean James
- Jim Hodgins
- Garden Ontario (FB Group)
- David Hobson (Root46 on Instagram)

FOR A FULL LIST OF NATIVE PLANTS HEEMAN'S WILL BE CARRYING THIS YEAR [CLICK HERE!](#)

ADDITIONAL LINKS/SOURCES

- Heeman's: www.heeman.ca
- Heather Jerrard, My Landscape Artist: www.mylandscapeartist.ca
- My Landscape Artist, Garden Inspo on Pinterest: www.pinterest.ca/mylandscapeartist
- Grow Me Instead
- Master Gardeners
- Landscape Ontario
- www.originnativeplants.com
- 'The New Ontario Naturalized Garden' by Lorraine Johnson:
 - Plant Choices pg.39
 - Wildflowers pg.55
 - Native Plant Combinations pg.79
 - Plant Listings pg.95
- www.onplants.ca
- www.inournature.ca
- www.ontarionature.org
- www.guelph.ca/healthylandscapes
- St. Williams Nursery & Ecological Centre
- www.ontariowildflowers.com
- <https://www.ontarioinvasiveplants.ca/resources/grow-me-instead/>
- www.davidsuzuki.org
- Upper Thames River Conservation Authority

HEEMAN'S

GARDEN SEMINAR INFO